

THE ABCs of CYBERBULLYING



WiredSafety's Tweenangels Woodridge Chapter

wired SAFETY

A is for “accidental cyberbullying



Accidental cyberbullying is when a child says something mean to another, on an electrical device. They do this without trying to be mean. Most of the time they are only trying to make a joke.

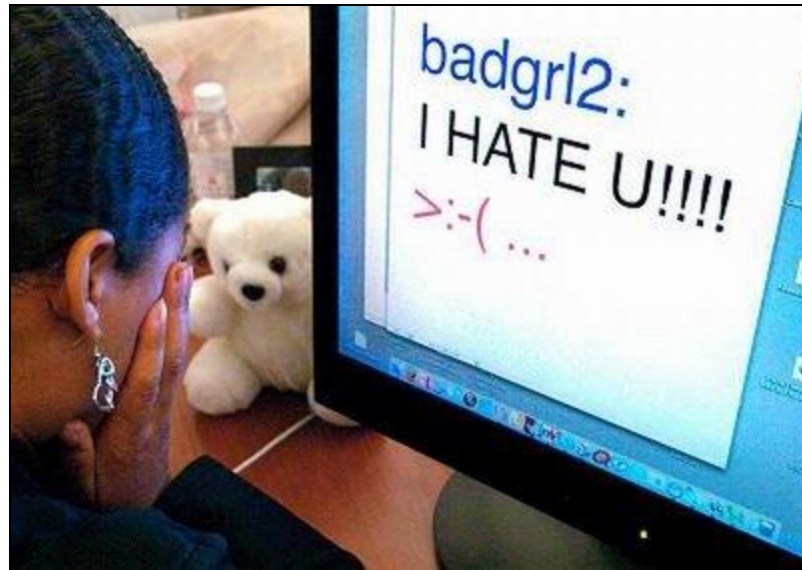
B is for “Bully”.

A bully is a child who purposely puts another child down, because they are different.



C is for “Cyberbully”.

A cyberbully is a child who is mean to another, on any electrical device.



D is for “Don’t share your password”.

You should not share any of your passwords. If someone gets your password, they can get some of your personal information, steal your stuff, pretend to be you, or worse.



**E is for
“E-mail”.**



When you are e-mailing a friend you should think about you are saying. If you are saying something that is mean, you should delete the message.

F is for “Friends”.

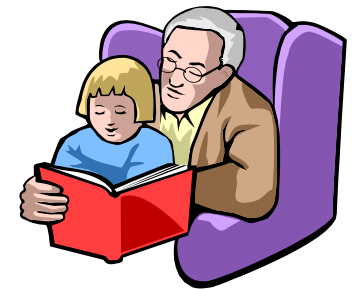


When you are online, you should only talk to friends you know in real life. You should do this because when you are online and talking to someone you don't know, they sometimes lie about themselves.

G is for

“Grandparents” .

If you are being cyberbullied, or if anything else is bothering you, you can talk to your grandparents, or another trusted adult.



H is for “Hurt feelings”.

When a child is cyberbullied, it hurts their feelings.



I is for “IM”.

IM stands for instant message. Be careful what you say on these messages, because if it is bad and you send it, you will instantly be known as a cyberbully.



J is for “JK”.

JK stands for just kidding. If you are texting someone and what you are saying is a joke, but could be misunderstood, you should say JK or put a smiley face at the end.



K IS FOR
“KINDNESS”.



It is very important to be kind when talking to someone else, even when you are e-mailing and texting.

L is for “Log in”.

When you log into an account you should only log in your password. Logging into someone else’s account is an invasion of their privacy, and is against the law.



M is for “Mean Girls” .



People sometimes lie about their identities online. For example, that cute, 14 year old boy, that lives in NY, might not be cute, might not be 14, and might not be a boy. It could be a group of mean girls that are tricking you. They are only trying to hurt your feelings so don't let them; tell a trusted adult.

N is for “Name calling”.



Name calling is a very serious problem.
When you call someone a mean name,
even if you think it's not,
you shouldn't do it.

O is for “On-line games”.

On-line games are not always safe.
Some on-line games contain spyware and
viruses, and sometimes you may meet
strangers.



**P is for
“Parry Aftab”.**

Parry Aftab is a lawyer who works to stop cyberbullying. She is the founder of the Tweenangels.



Q is for “Questions”

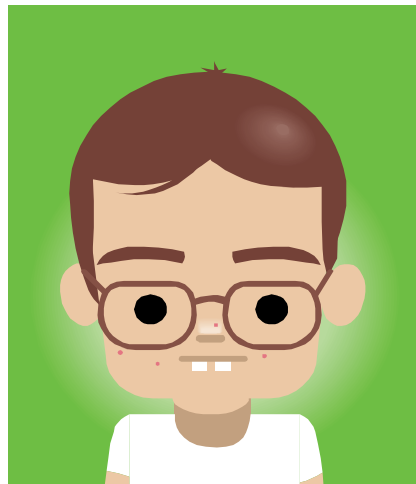


Do you have questions about
cyberbullying?

Do not be afraid to ask. It is very important
that you know about cyberbullying, and
how to handle it if you are cyberbullied.

R is for “Revenge of the nerds”.

Children that are bullied at school, sometimes seek revenge online, by bullying other children. They act tough online, but are not in real life.



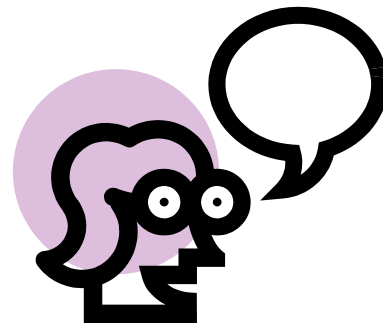
S is for

“Stop, block, and tell”.

If you are being cyberbullied you must first stop, and immediately stop chatting with that person. Next you must block that person. Finally you must tell a trusted adult.



block

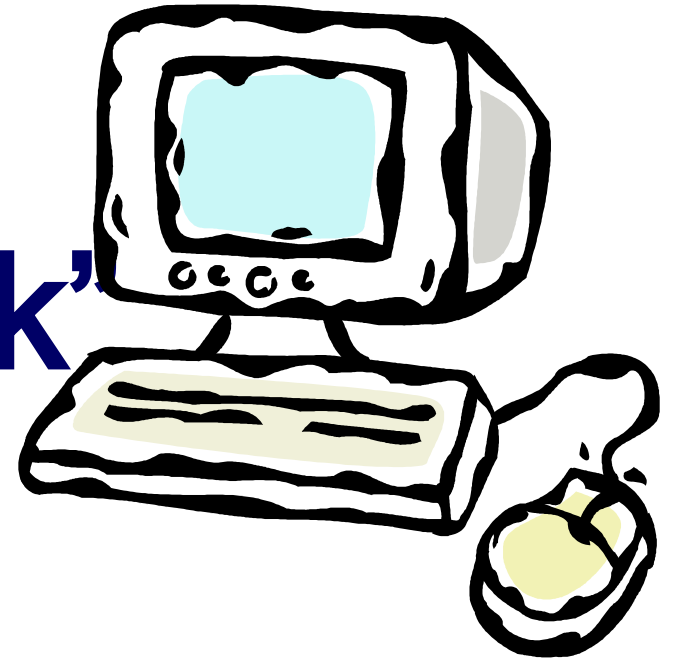


T is for "Take 5".



If you are being cyber bullied, you should turn off the computer, and take 5 minutes to do something else that you like. You should do this, because if you stay on the computer, you will get angry and reply with mean messages. This makes you a cyberbully.

**U is for
“Think B4 U click”**



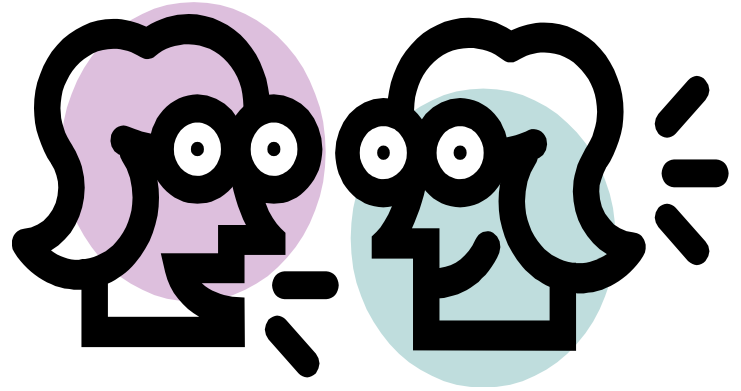
**If you are about to cyberbully someone,
you should think about how you are hurting
someone, before you click that send
button.**

V IS FOR “VENGEFUL ANGELS”.



This type of cyberbully, is not trying to be a bully at all. They are only trying to defend other children that are being cyberbullied, but the words they use, make them cyberbullies.

W is for
“Words”.



We use our words for almost everything. Since our words are so powerful, we should use them nicely.

X is for “X them out”.

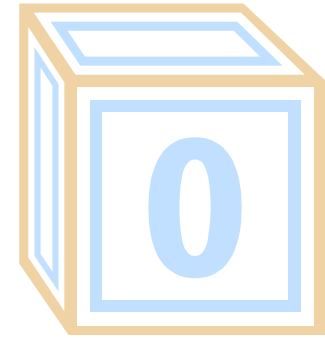
There is a red, X button at the top right of every computer. When you hit this button, you close whatever page you are on. If you are ever being cyberbullied, instead of responding to that person, you should hit that red button.



Y is for
"You never know"



You must be very careful when you are on a chat room, with someone you don't know in real life. Since you cannot see this person, you do not know if that person is who they say they are. Since you do not know this person, do not give away any personal information.



Z is for
“Zero”

If we all follow these
rules there will be Zero
“0” Cyberbullying
By the time we grow up!